

# **BSEC MONTH OF CULTURE 2019**

# PRESS RELEASE

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# **UKRAINE**

Hutsul Banush is ideal to protect yourself from the cold days in Ukraine. It is made of corn grits, fried pork fat and cheese, and is traditionally cooked over fire in order to get well smoked. Mushrooms are also often added to the porridge, to make the taste even richer.

### #MoC2019 #ICBSS #BlackSea #Ukraine #Gastronomy



Info at: <u>https://theculturetrip.com/europe/ukraine/articles/12-traditional-ukrainian-dishes-you-must-try/</u>

## **ARMENIA**

Nobody can think of Black Sea gastronomy without the traditional dish of #dolma, leaves of grapes stuffed with rice and herbs. The annual Armenian Dolma Festival gives the opportunity to taste the different options of dolma cooking. Enjoy the dolma-trip!

### #MoC2019 #ICBSS #BlackSea #Armenia #Gastronomy



Join the BSEC Month of Culture, organised by the ICBSS from 1-30 November 2019 and learn about the remarkable and rich cultural heritage of the BSEC region.

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#### About the BSEC Month of Culture:

Being aware of the rich, diverse cultural heritage of the BSEC region, the **International Centre for Black Sea Studies (ICBSS)** launched the **BSEC Month of Culture (MoC)**, in 2017, with the aim to promote the cultural identity of the Black Sea region and enhance its visibility to the wider public.

- The MoC is a month long programme of diverse cultural activities related to the rich cultural heritage of the 12 BSEC Member States. Our aspiration is to establish the 'BSEC Month of Culture' as an annual event that will include more cultural activities each year.
- The 1<sup>st</sup> edition of the BSEC Month of Culture was held successfully on 1-30 June 2017, on the occasion of the 25th Anniversary of the BSEC Organisation. The 2<sup>nd</sup> edition of the BSEC Month of Culture was launched from 1 to 30 November 2018, on the occasion of the 20th Anniversary of ICBSS.

The 3<sup>rd</sup> Edition of the BSEC Month of Culture will be launched from 1 to 30 November 2019.

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About the ICBSS: The International Centre for Black Sea Studies (ICBSS) was founded in 1998 as a non-profit organisation. It has since fulfilled a dual function. On the one hand, it is an independent research and training institution focusing on the wider Black Sea region. On the other hand, it is a related body of the Organisation of the Black Sea Economic Cooperation (BSEC) and serves as its acknowledged think-tank. Thus, the ICBSS pursues applied, policy-oriented research, promotes knowledge on the Black Sea region both within and outside its boundaries, and offers policy advice with the aim to foster multilateral cooperation among the BSEC member states as well as with their international partners.

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