



## **BSEC MONTH OF CULTURE 2019**

**PRESS RELEASE**

**Monday 11 November 2019**

Second week for Month of Culture! Our trip continues to the streets of gastronomy.  
Fresh vegetables, wine and tasty dishes are ready to welcome us in the Black Sea!  
Ready?

## ALBANIA

One of the must-try Albanian dishes is #pispili, a simple, tasty and easy-to-cook delicacy. Interested in preparing it yourself? You will not need more than three ingredients: cornbread, leeks or spinach and why not feta cheese! Enjoy!

#MoC2019 #ICBSS #gastronomy #Albania #taste



Info at: <https://www.onceinalifetimejourney.com/inspiration/delicious-foods-from-albania/>

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## GREECE

The best #meze to accompany your aperitif in Greece is #taramosalata! A fresh fish raw dip made by tarama; the salted and cured roe of the cod, carp or grey mullet mixed with olive oil, lemon juice and a starchy base of bread. You will find taramosalata almost in any traditional taverna.

#MoC2019 #ICBSS #BlackSea #Greece #gastronomy



Info at: <https://en.wikipedia.org/wiki/Taramasalata>

## TURKEY

If you want to feel the Turkish food-spirit in one dish, then try Baklali Enginar! A combination of artichokes, broad beans and fresh vegetables! Looks so yummy! Afiyet olsun!

#MoC2019 #ICBSS #BlackSea #Turkey #gastronomy



Info and recipe at: <http://www.thestarfish.com.au/turkish-recipe-artichoke-treat/>

**Join the BSEC Month of Culture, organised by the ICBSS from 1-30 November 2019 and learn about the remarkable and rich cultural heritage of the BSEC region.**

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***About the BSEC Month of Culture:***

Being aware of the rich, diverse cultural heritage of the BSEC region, the **International Centre for Black Sea Studies (ICBSS)** launched the **BSEC Month of Culture (MoC)**, in 2017, with the aim to promote the cultural identity of the Black Sea region and enhance its visibility to the wider public.

The MoC is a month long programme of diverse cultural activities related to the rich cultural heritage of the 12 BSEC Member States. Our aspiration is to establish the 'BSEC Month of Culture' as an annual event that will include more cultural activities each year.

The 1<sup>st</sup> edition of the BSEC Month of Culture was held successfully on 1-30 June 2017, on the occasion of the 25th Anniversary of the BSEC Organisation. The 2<sup>nd</sup> edition of the BSEC Month of Culture was launched from 1 to 30 November 2018, on the occasion of the 20th Anniversary of ICBSS.

**The 3<sup>rd</sup> Edition of the BSEC Month of Culture will be launched from 1 to 30 November 2019.**

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**About the ICBSS:** The International Centre for Black Sea Studies (ICBSS) was founded in 1998 as a non-profit organisation. It has since fulfilled a dual function. On the one hand, it is an independent research and training institution focusing on the wider Black Sea region. On the other hand, it is a related body of the Organisation of the Black Sea Economic Cooperation (BSEC) and serves as its acknowledged think-tank. Thus, the ICBSS pursues applied, policy-oriented research, promotes knowledge on the Black Sea region both within and outside its boundaries, and offers policy advice with the aim to foster multilateral cooperation among the BSEC member states as well as with their international partners.

**For further information** please contact us at email [icbss@icbss.org](mailto:icbss@icbss.org) or tel.: 210 3242321